Enjoy a month of mitzvot with your family. Just print this checklist and try a new activity each day.
There are 30 activities total – that’s one for each day of the month – to inspire your family to do a mitzvah each day.

- Invite someone new to Shabbat
- Clean out the closet and donate clothes you don’t wear
- Make a “Get Well Card” for a friend who doesn’t feel well
- Help a bug find its way outside
- Help a parent with a chore
- Volunteer at a soup kitchen
- High five someone from the other team and say “good game,” even if you lose.
- Share your favorite toy with a friend or sibling
- Compliment someone
- Sit with a lonely kid at lunch
- Collect canned goods for a food bank
- Sort the recycling
- Help a friend find something they’ve misplaced
- Invite a new classmate to sit with you at lunch
- Make a bird feeder

- Visit residents at a nursing home and read stories together
- Interview a grandparent, aunt, or uncle, and write down their story
- Settle an argument between siblings or friends
- Plant a tree
- Pay for someone else’s lunch
- Write “thank you” notes
- Make no-sew blankets and donate them to a shelter
- Send care packages to deployed soldiers
- Count your blessings
- Introduce yourself to a new neighbor
- Put toys away
- Collect canned goods for a food bank
- Sort the recycling
- Help a friend find something they’ve misplaced
- Invite a new classmate to sit with you at lunch
- Make a bird feeder

- Visit residents at a nursing home and read stories together
- Interview a grandparent, aunt, or uncle, and write down their story
- Settle an argument between siblings or friends
- Plant a tree
- Pay for someone else’s lunch
- Write “thank you” notes
- Make no-sew blankets and donate them to a shelter
- Send care packages to deployed soldiers
- Count your blessings
- Introduce yourself to a new neighbor
- Put toys away
- Collect canned goods for a food bank
- Sort the recycling
- Help a friend find something they’ve misplaced
- Invite a new classmate to sit with you at lunch
- Make a bird feeder