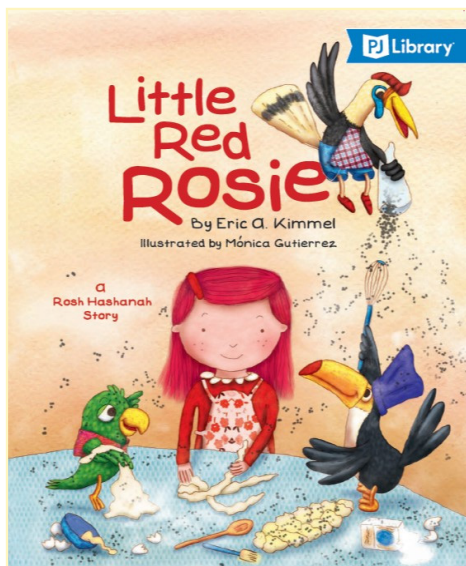


Little Red Rosie

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{ **How do we help each other?** }

Welcoming the New

On Rosh Hashanah we celebrate the Jewish New Year, which is a time for gathering with family and friends, old and new, and for resolving to make the coming year even better than the last. While we're on the subject of "new," why not throw in some new experiences, too, like baking challah for the first time? Rosie's friends dive into their kitchen task with gusto, and even though it's not a perfect (or tidy) experience, they all get gold stars for attitude and effort. When we put our whole hearts into the new year ahead, it's sure to be a good one. Shanah tovah (Happy New Year)!

HANDS ON!

Create a Kitchen Scavenger Hunt

The sweet twist in this story is that everyone wants to help – but they're still learning how to be helpful. Rosie models patience as her friends learn to make challah. One great way to include novices in the kitchen is to create a scavenger hunt.

Supplies:

- Recipe for a favorite food
- The called-for ingredients and kitchenware
- Hands ready to help
- Patience for mess!

First, choose your food. Decide together what that will be – maybe challah, like Rosie makes, or a favorite food.

Now comes the hunt: As you call out the ingredients, try to find them in the kitchen! Also pull together all the tools you'll need: measuring cups, mixer, cutting board, what have you.

Read each step of the recipe aloud before you begin, then do as much of it as you can together. As Rosie says, "We can do this, yes we can!" When the food is ready, enjoy your creation – but don't let participants forget to help with the cleanup, too!

Taste the New Year

Rosie's neighborhood dinner includes many special foods for Rosh Hashanah, and each one carries with it an intention for the new year. Apples and honey (tapuach b'dvash, in Hebrew) bring us sweetness for the year ahead. The pomegranate (rimon) is jam-packed with seeds that represent all the mitzvot (commandments, or good deeds) we hope to do. The round loaf of challah stands for the cycle of the year and the fullness of our blessings. Food is even tastier when it's meaningful. To learn more, visit pjlibrary.org/littleredrosie.

Bread from the Earth, Blessings from Above

When the challah is finally finished, Rosie's friends and neighbors gather and "hold hands and wings" as Rosie leads everyone in the Motzi, a traditional blessing that gives thanks for "bread from the earth." There are many different Hebrew blessings made over different categories of food: those that grow on trees, those that grow in the ground, grains, bread . . . and don't forget wine! No matter what kind of food or drink we're about to enjoy, each blessing acknowledges how lucky we are to have it. And now . . . let's eat!

TALK IT OVER WITH YOUR KIDS

ROSIE'S friends want to help. When do you like to help others?

TAKE a look at how Rosie's kitchen changes from the start of the story to the end. How does your kitchen change when you bake things in it?

AT the end of the story, Rosie says "I couldn't have done it without you." When do you need help from others? What things can you do all by yourself?