



SHABBAT LIGHT

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With the sunset on Friday night and the appearance of stars on the following evening, with the kindling of Shabbat candles and the extinguishing of a Havdalah candle, this book shows how light marks the start and finish of the Jewish Sabbath.

JEWISH CONCEPTS

Starting at sundown on Friday evening, Shabbat, the Jewish Sabbath, is a day of peace and rest. When three stars appear in the sky on Saturday night, it's time for *Havdalah* (Hebrew for “separation”), marking the end of Shabbat and the start of a new week. Notice how this book conveys the time transitions of Shabbat through light and through the form and structure of the book. For example, the sun goes down from above the page and then reappears up from the bottom. The Shabbat candles and the traditional braided Havdalah candle are literally reoriented on the page, just as the shifts to and from Shabbat and a normal weekday require reorientation. The final Havdalah spread incorporates the seam between the pages, underscoring how light marks the separation between Shabbat and the rest of the week. The typography goes up, comes down, disappears, and reappears; and the very word “light” is lit up. Finally, if you read this book at bedtime, take a look at the cover after lights out!

Shabbat and Havdalah are both opportunities to pay attention to the sources of light in our lives, both literal and metaphorical. To learn more, visit pjlibrary.org/shabbatlight. *Shabbat Shalom* (peaceful Sabbath) and *Shavua Tov* (good week)!

