

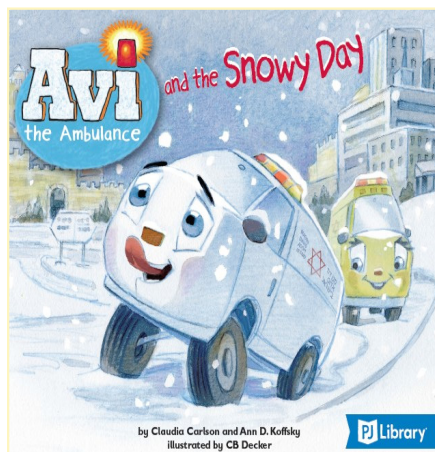
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{ Who helps you? }



Life Preservers

What Jewish idea is so important, one can set aside the observance of Shabbat (Jewish Sabbath) to carry it out? Avi the Ambulance knows the answer: it's pikuach nefesh, saving a life. As written in the Talmud (the core collection of rabbinic writings), "Whoever saves a life, it is considered as if they saved an entire world." But you don't have to be an ambulance or paramedic to be a protector of life. We can all look around and see what small things we can do to help others feel healthy and safe. Nothing is more sacred. To learn more, visit pjlibrary.org/aviambulancesnowyday.

HANDS ON!

Make Your Own Ambulance

Making a pretend vehicle is always fun. Why not make that vehicle an ambulance so you can help others?

Supplies:

Large cardboard box or moveable furniture

Markers/paint

Stuffed animals or dolls

Basic medical supplies: band-aids, gauze, ice packs, etc.

Create an "ambulance" out of a large cardboard box or by assembling couch pillows, chairs, and other furniture. If using a box, you can decorate it with markers or paint. You are now a paramedic! Drive in your ambulance and come to the rescue of some favorite stuffed animals or dolls. Tend to their injuries with your medical supplies and give them lots of love and hugs.

Winter Wonderland

Avi, Maya, and the team have to slip and slide their way through a lot of snow, but that's unusual in Israel. Temperatures are on the hot side for most of the year, only getting cooler and rainier for a few months in the winter. It can get cold enough to snow in a few locations with higher elevations like Jerusalem, Tzfat, and majestic Mount Hermon in the north. When snow does come, even if it's just a few inches, school and work shut down and everyone enjoys the rare chance for snow play. Even Avi and Maya enjoy a good snowball fight.

A Moment to Plan

When someone's life is in danger, time is of the essence. But coming to the rescue isn't just about moving quickly; you have to be prepared, too. Avi and Zack are so eager to run off and help the people involved in the highway accident, they forget to bring along snow chains. Good thing Maya and Leah come to their rescue with extra chains! No matter what you're running off to in life, it pays to pause and make sure you've gathered the things you need. For ambulances and people alike, a little planning goes a long way.

TALK IT OVER WITH YOUR KIDS

WHEN it snows in Jerusalem, what do Avi and his family do? If you have snow where you live, what's your favorite way to play in it?

WHAT do you notice about the members of Avi's family? How are they similar to each other, and how are they different? Which family member do you like best, and why?

WHEN there's bad weather where you live, what important things can help everyone stay healthy and safe?