



HAPPY, HAPPY

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Bringing a child into your family includes countless happy moments.

This book recounts many of them – but they are truly infinite!

JEWISH CONCEPTS

A warm, bubbly bath; a new food at mealtime; a table full of interesting faces – for an infant or toddler, everyday moments like these can be revelatory, since everything is exciting and new. Watching our children experience things for the first time can spark renewed joy in us, too, as we see things freshly through their eyes. When we name these moments for our children – in English, Hebrew, or any language – we are doing more than building vocabulary. We're drawing attention to life's beauty and wonder, and bonding with our little ones as we give them the words to revel in all that they experience.

The child in this book, like all children, is especially drawn to moments that stimulate the senses. When, for example, the family gathers together to celebrate Shabbat, the Jewish Sabbath, there's an abundance of sensory stimulation for the baby. The glow of the candles, the taste of a drop of sweet grape juice, the sound of the entire family singing blessings – these are enriching moments that everyone, from babies all the way up to great-grandparents, can find gratifying, regardless of how many times they experience them. Happy, Happy!