Create a Kindness Wheel

Yom Kippur is a great time to think about ways to show kindness to the people we care about. Here's a craft to help encourage the process.

Supplies

Paper plates
Markers or crayons
Scissors
Brass paper fastener
Piece of thin cardboard

Using the marker or crayon, divide the back of the paper plate into pie-shaped wedges. Write one person's name inside each wedge. Cut an arrow shape out of the thin cardboard and use the brass fastener to attach it to the center of the plate. Spin the arrow, see who it lands on, and then decide on an act of kindness to do for that person. Repeat often.

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