

HANDS ON!



Draw Your Self-Portrait

Estrella and Yosef have never seen themselves in a mirror, so they are surprised by what they see. You've seen yourself in a mirror many times, so maybe you've gotten used to what you see. When you take time to draw your self-portrait, you will have a chance to pay attention to your reflection more closely.

Supplies

Mirror

Paper

Art supplies



Begin by looking closely at yourself in a mirror. What do you see? What do you want to show about yourself through your self-portrait? You can even communicate something about your family and community in your picture. For example, do you have your grandmother's curly hair? What activity will you draw yourself doing? A self-portrait is a reflection of who you are, and you are more than just the way you look.



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