Sadie and Ori admire their beautiful sukkah — and that’s totally in the spirit of Sukkot. Arriving just after Rosh Hashanah (the Jewish New Year) and Yom Kippur (the Day of Atonement), Sukkot celebrates the autumn harvest and recalls the Jewish people’s nomadic history. It’s also the perfect time to engage in the practice of hiddur mitzvah, Hebrew for “beautifying a commandment.” One way to do this is to build and decorate a sukkah, a temporary hut in which many families eat and even sleep during the week of Sukkot. Another traditional sukkah activity is to hold and shake the Four Species, which are an etrog (citron) and a lulav (a bundle of palm, myrtle, and willow branches). In the Torah (the first five books of the Bible), the etrog is referred to simply as “the fruit of a beautiful tree” — more beauty! The roof of a sukkah is made up of branches and greenery, arranged loosely enough so we can see the beautiful stars. Sukkot offers an opportunity to appreciate the beauty that always surrounds us.

Teddy Bears’ Picnic

Eating in a sukkah is like having a weeklong picnic — and what’s a picnic without friends? Sukkot is an ideal time to practice the Jewish value of hachnasat orchim (Hebrew for “welcoming guests”). In addition to real-life friends and family, it’s also customary to invite symbolic folks known as ushpizin (Aramaic for “guests”), such as the biblical ancestors Abraham and Sarah and other inspiring people from the past. And as Sadie and Ori figure out, even stuffies can be very appreciative guests. The more the merrier! To learn more, visit pjlibrary.org/sadiessukkah.

Location, Location, Location

Sadie and Ori’s breakfast is a perfect Sukkot meal. In fact, almost any meal is a perfect Sukkot meal, because this holiday isn’t about what we eat, but about where we eat it (the sukkah!) and with whom (guests!). As Sadie and Ori discover, the challenge at Sukkot isn’t necessarily cooking, but bringing half of your kitchen outdoors. Sometimes a sukkah isn’t so easy to access — if you live in an apartment building, for example, it might be several flights down. Over the years, families have devised many different techniques to make schlepping easier: rolling carts, wagons, even pulley systems. That’s just another good reason to invite lots of real-life guests: They can help do the work!

Talk it over with your kids

WHAT do you like to eat for a special breakfast?

WHOM would you invite as sukkah guests?

HAVE you ever eaten outside? What do you like about it?