

Steps Toward Peace

- 1** **Treat the natural world with respect.** Care for animals, plants, people, and the Earth.
- 2** **Be open to new experiences and people.** Everyone has something to teach you, and you have something to teach everyone. The world is full of all sorts of differences. Learn to appreciate diversity.
- 3** **Be a good friend.** Listen. Share. Hold hands and hug. Laugh a lot. Make connections.
- 4** **Instead of judging other people** when they say or do something that you disagree with, try to understand why they made that decision. Ask them questions and hear their answers.
- 5** **Learn to love and respect yourself.** You were created in God's image.
- 6** **Consider other people's feelings.** Always be kind.
- 7** **Don't make decisions when you are mad or sad.** Wait until you are calm and you can think clearly.
- 8** **People make mistakes. Forgive them.** Apologize when you make a mistake or hurt someone.
- 9** **Help and give to people who are in need.**
- 10** **Ask yourself** with every action you take if you are making things better in some way by doing it.

In the classroom or when working with families, you might:

- Create posters or other visual representations of these acts of rodef shalom
- Film commercials, act out skits, or write songs about the importance of these ideas
- Make "how-to" guides to help others learn about pursuing peace
- Help organizations in your community that address these ideas