



Family Programming &

Global Day of Jewish Learning



JEWISH BEDTIME STORIES and SONGS



Agenda

1. **What's the PJ Library-Global Day Connection?**
2. **2012 Global Day Details**
3. **Sample Community Models: PJ & Global Day**
4. **Selected PJ Library Books**
5. **Gratitude Family Programming**



2012 Global Day Details

***When:** Sunday, November 18, 2012

***Where:** 300 Jewish communities

***Theme:** Jewish concepts of blessing and gratitude

***How:** *Turn the page*



PJ Library - Global Day Models

- ★ Community programming at various locations through town,
- ★ including a **concurrent** family component:

- ★ **Calgary**

- *Bagels from Benny* PJ hand-on mitzvah family program: Temple B'nai Tikveh
- Adult session run by Florence Melton Adult Mini-School

- ★ **MetroWest NJ**

- *Bagels from Benny* PJ story time with bagel breakfast – preschoolers: JCC MetroWest
- Mezuzah Making workshop – ages 2-10
- Adult and teen session with Professor Benjamin Nelson

- ★ **Northern NJ**

- *Bagels from Benny* PJ story time: Kaplan JCC on the Palisades
- Three concurrent adult lectures with three local rabbis

- ★ **Winnipeg**

- PJ Family Program – *Shema*
- 5 simultaneous adult classes- part of Limmud / Tarbut Festival

PJ Library - Global Day Models

- ✦ **Community programming at various locations through town;**
- ✦ **family programming not concurrent with adult learning.**

✦Cleveland

- Simultaneous PJ story times hosted by 4 different synagogues

✦Phoenix

- Interactive PJ story time with special guest Sharona Feller: BJE Campus, morning
- Jewish Film Festival PJ Program - *Something from Nothing*: East Valley JCC, afternoon

Schedule of Events

PJ Library Story Time for Families | 10 am

Ina Levine Jewish Community Campus

12701 N. Scottsdale Rd., Scottsdale, AZ

Special guest Sharona Feller will bring to life PJ Library stories, Jewish values and themes through music, movement, and art.

\$7/family *Cookies and milk will be served. Dietary laws will be observed.*

For more information or to register, contact Elaine Hirsch or Tamar Feinson at the Bureau of Jewish Education of Greater Phoenix 480.634.8050 or pjlibrary@bjephoenix.org. Sign up for PJ Library of Greater Phoenix at www.pjlibrary.org.

Community Learning | 9:30 - 11 am

Northwest Valley Site Temple Beth Shalom

Community Learning | 1 - 3:30 pm

Ina Levine Jewish Community Campus

Learn with Rabbis from across the community, from every denomination. Topics include miracles, the environment, love, prayer and leadership.

\$10/person *Includes refreshments. Dietary laws observed.*

Code: ABF10G

To register, call the Welcome Desk. 480.483.7121

Community Learning | 1 - 3:30 pm

East Valley Site Barnes Family JCC

908 N. Alma School Road, Chandler, AZ

Learn with Rabbis from across the community, from every denomination.

PJ Library - Global Day Models

★ Family Programming Only:

★ Central NJ

- PJ story time with author Jacqueline Jules: Wilf Jewish Community Campus

★ Toronto

- *Bagels from Benny* PJ story time: Public Library



Calling all families with children ages 3-8

Meet PJ Library
Book Author
Jacqueline Jules



Join us as we celebrate
the 2nd Annual
Global Day of Jewish Learning

Sunday, November 13, 2011 @10am
Wilf Jewish Community Campus
1391 Martine Avenue, Scotch Plains, NJ

Admission: \$10 per family
Includes presentation and craft project

Ms. Jules will be autographing books.

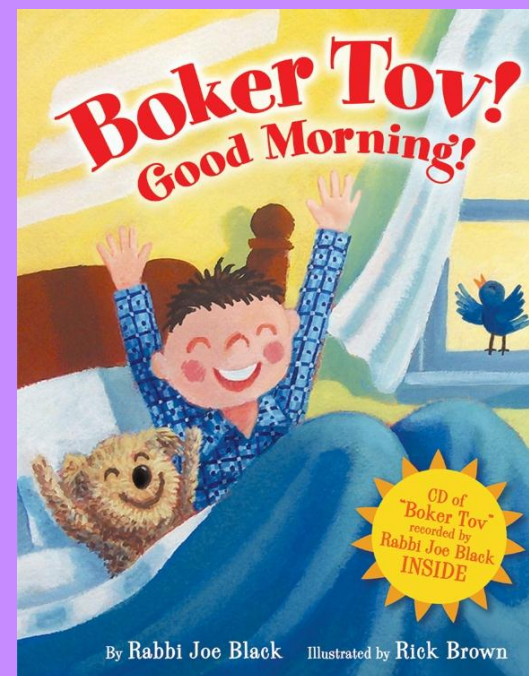
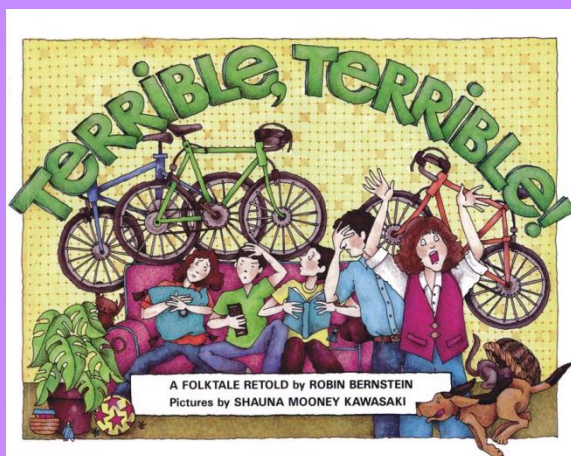
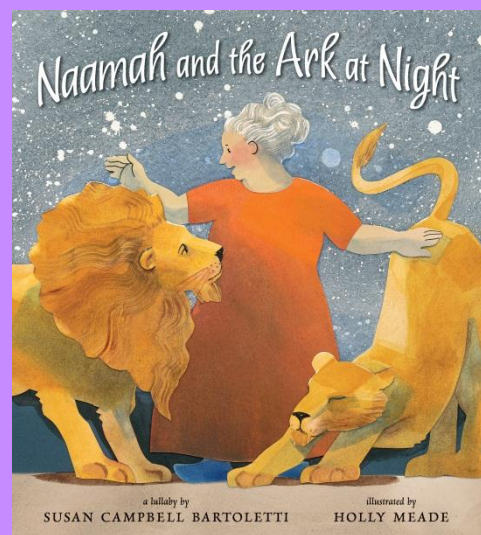
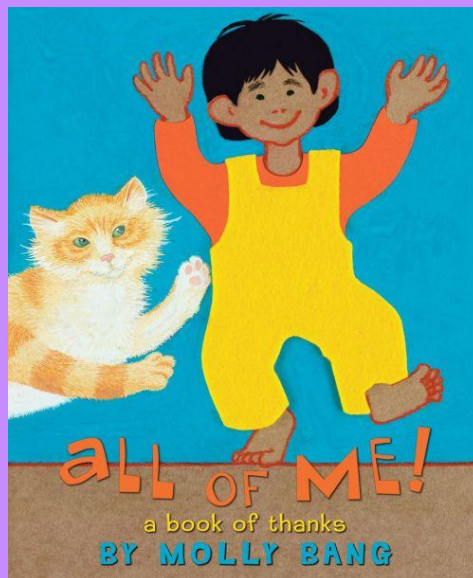
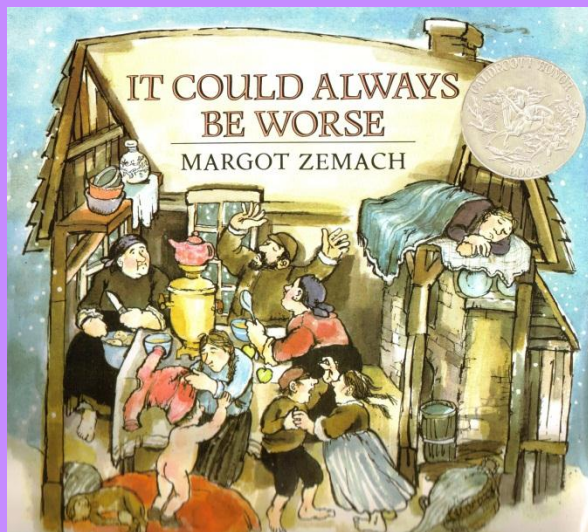
Register online at
www.JewishJerseyCentral.org
or call 908-288-2406

REGISTER YOUR CHILD TODAY TO RECEIVE FREE MONTHLY BOOKS FROM THE PJ LIBRARY!
www.PJLibrary.org



>>> OVER

“Gratitude” Family Programs



Workshop Goals

For Participants to leave today's workshop with:



Increased enthusiasm for conducting gratitude programs for families

Understanding of ways of discussing gratitude with young children

Toolkit of effective methods for sharing gratitude books with families

תודה רבה

Thank You

Deeper Workshop Goals

For participants to learn how to

Formulate questions which will generate discussion



Use PJ program guides as a launch pad to creating effective programs



Create sound bytes which capture the essence of a value



Design activities which will lead to discussion and action within the home

Jewish Sources on Gratitude and Blessing



- What is the best way to define a Jew? ... by our name. Jews are the people who gave to the world, in addition to the awareness of God, the concept of gratitude. The word "Jew" in Hebrew, *Yehudi*, comes from the same Hebrew root as *Hodah*, giving thanks. We acquired the name from Jacob's son, Judah, who received his name from his mother, Leah. At his birth, Leah said, "This time I will give thanks and praise G-d. (Genesis 29:35)" To be a Jew is to give thanks. *Rabbi Benjamin Blech*
- And you shall rejoice in every good thing which the Lord your God has given to you ...*Deuteronomy 26:11*)
- We gratefully thank You God for...your miracles that are with us everyday; and for Your wonders...evening , morning, and afternoon (*from the Shemoneh Esreh Prayer which is recited 3 times daily*)

More Jewish Sources

- You shall eat and be satisfied and bless God for the good land that God has given you (*Deuteronomy 8:10*)
- Man is obligated to recite one hundred b'rachot [blessings] every day (*Menachot 43b*)
- I praise you (God) for I am awesomely made. Your works are wonderful: I know this well. (*Psalms 139*)

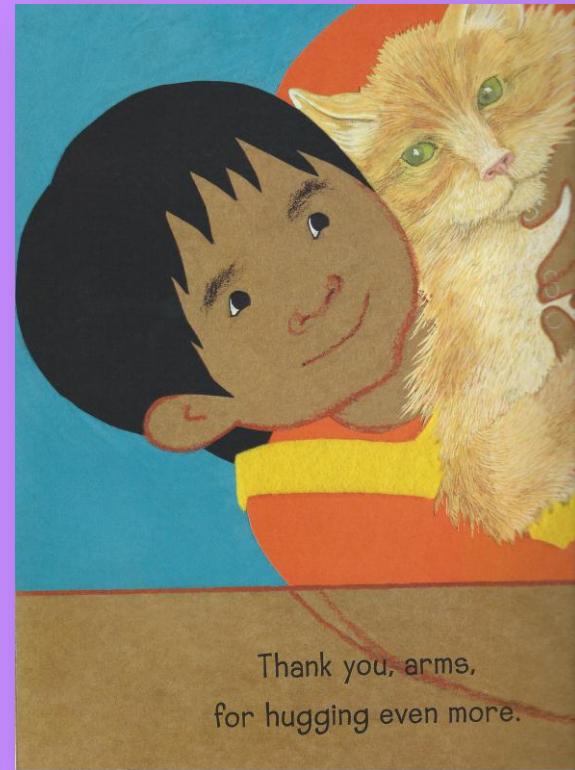
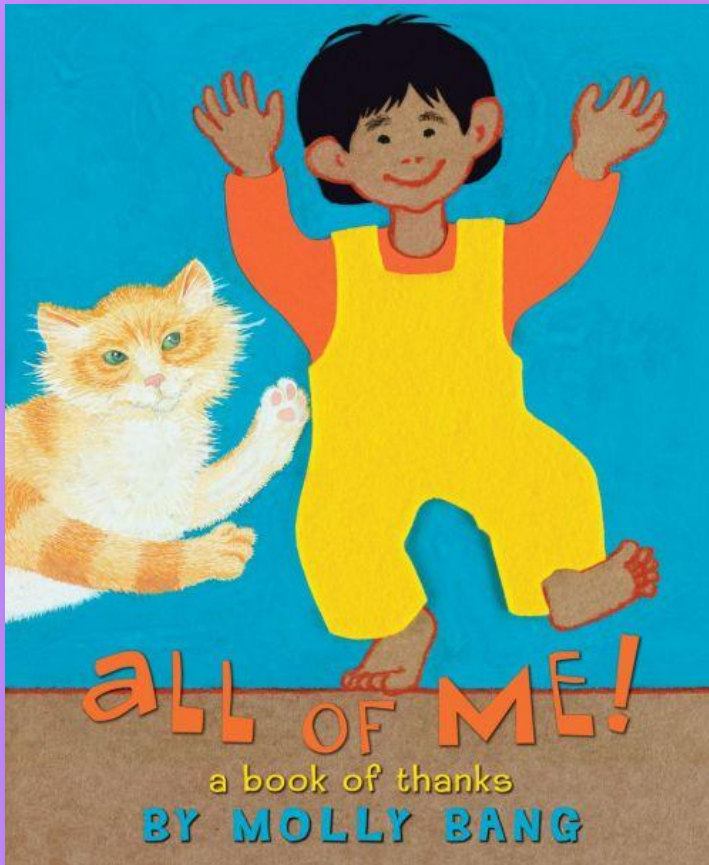


Sources on Gratitude and Satisfaction



- Who is rich? One who is happy with what one has. *Pirkei Avot 4:1*
- No man departs from the world with even half his desire gratified. If he has one hundred, he wants to turn it into four hundred. *Ecclesiastes Rabbah 1:13*
- “...Better is a handful of satisfaction in your own palms than heaping handfuls of hope in the hands of another. Better is a bird enclosed in a cage than two hopping on a ledge. Take what is good, even if it is little; lay your hand upon it and grasp it and do not let it go..*Berechiah ben Natronai ha-Naakden late 12th century French fabulist*

Acknowledging the Wonders of the Body



Book Based Program Schedule



Opening Activity

5-10
Minutes

Sharing of PJ
Library Book

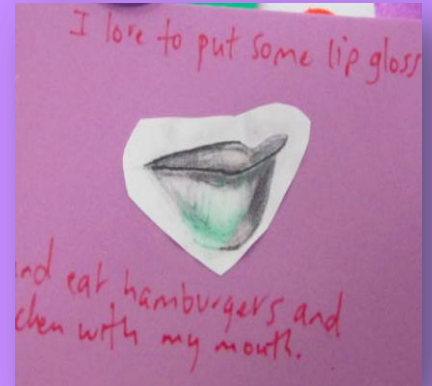
5-10
minutes

Discussion of Book
and its Underlying
Values

5-15
minutes

Additional
Activities (crafts,
music, games) often
including creation
of a take-home
piece

5-20
minutes



Connecting an Activity to its Underlying Theme

- *Earlier this morning, you decorated thank you signs. Now, I'd like you to work on decorating frames for your signs. I'm going to pass out baggies to everyone. In your baggie, you will find some pictures of different body parts. I'd like you to choose two or three body parts to glue onto your frame. On the pictures which you've selected for your frame, I'd like a grown-up to help you write why you are happy that you have that particular body part. Just like the boy in our book, I'd like you to have a chance to say thank you for some of your special body parts. For which body parts do you want to say thank you?*
- *I hope you find a good place to hang your sign at home. Maybe every time you look at this sign, you could try to think of some new words of thanks to offer.*

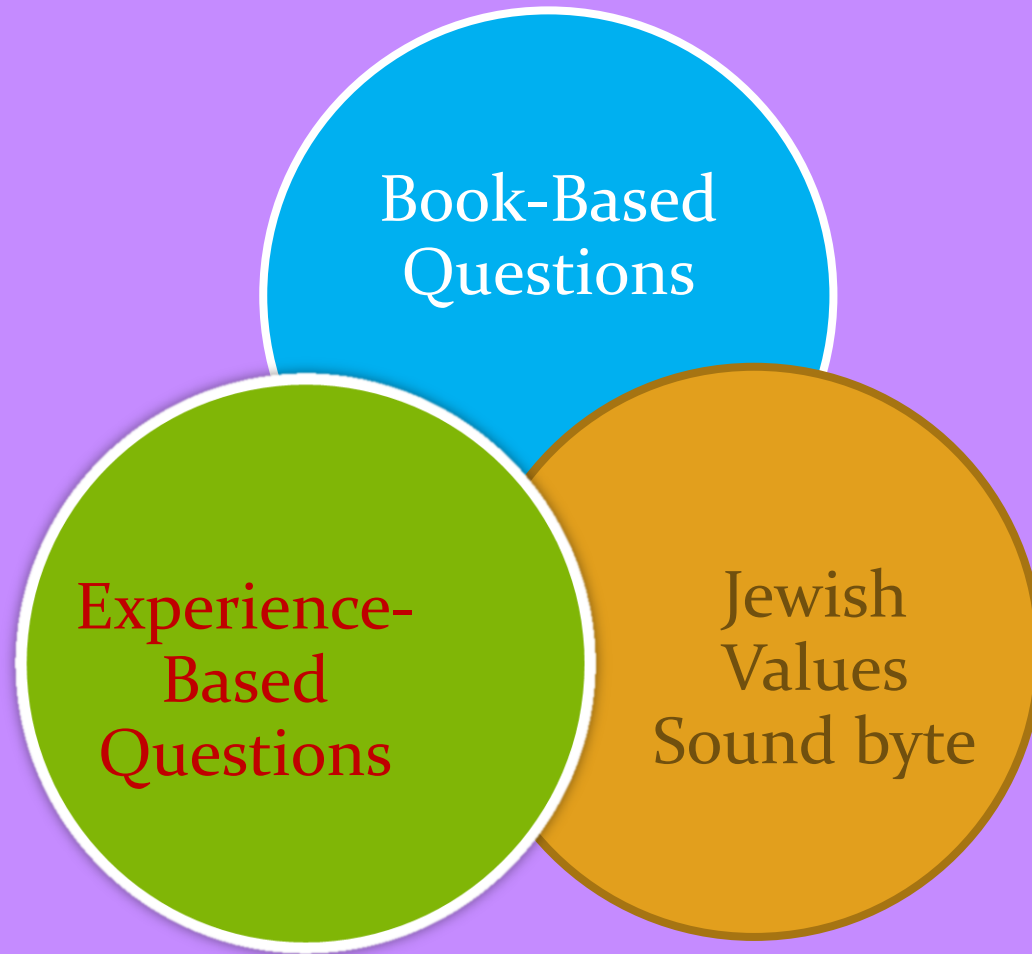


*Thank you
for helping
me to write
and draw*



*Thank you for helping me
To see grandma
and grandpa*

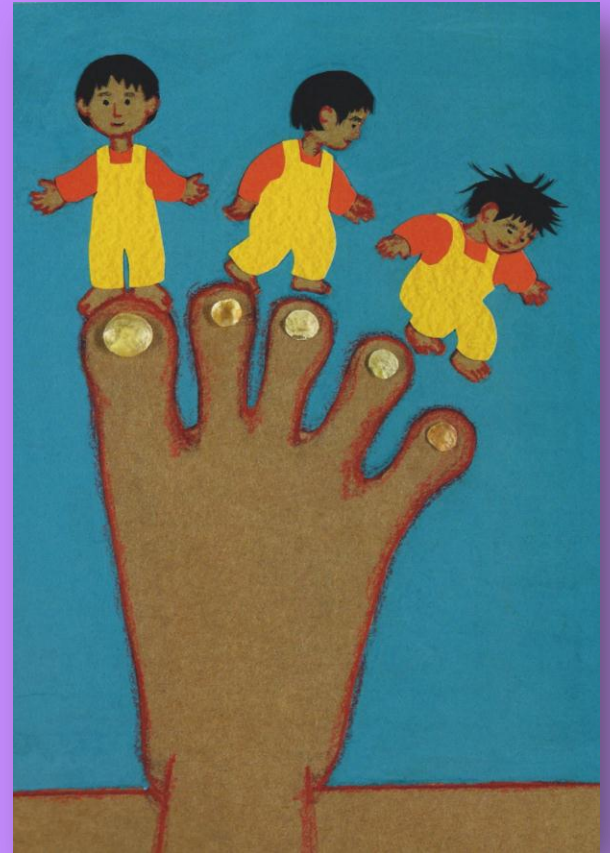
Components of Effective Book Discussions



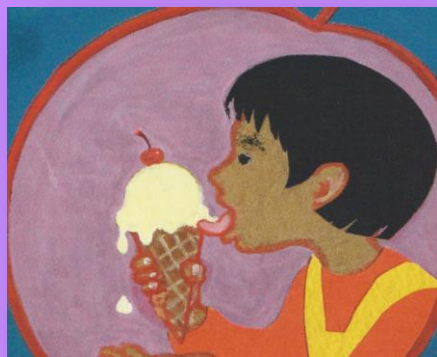
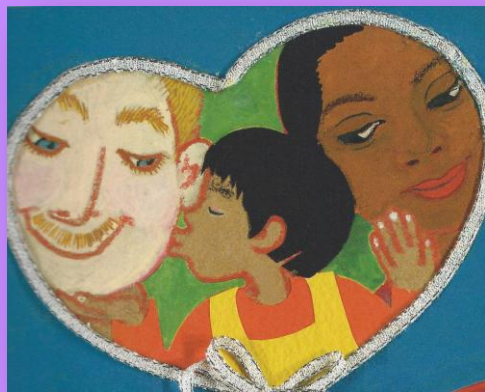
Sample Discussion Questions

- What was *the boy* thankful for on this page?
- What does *he* like to do with his feet?

What do *you* like to do with your feet?
What words of thanks will you say to *your* feet?



Jewish Value Sound byte

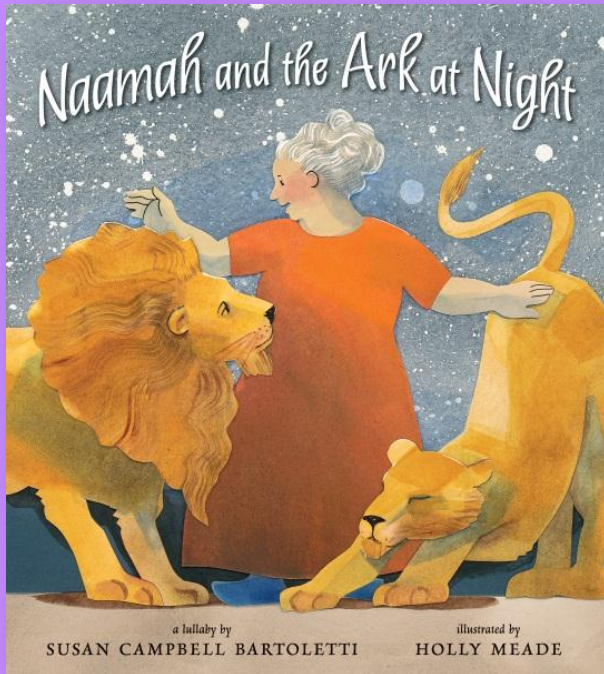


Did you know that Jewish people love to say “Thank You”? Do you know how to say thank you in Hebrew? (*Todah*)

In addition to *Todah*, another Jewish way of saying thanks is by offering a blessing. Many Jewish blessings begin with the words- *-Baruch Atah Adonai elohenu melech haolam*-Thank you God, Creator of the World for.. giving us bread , or vegetables, or for creating beauty in the world. Many Jewish people like to say “thank you” as soon as they wake up in the morning. They like to wake up and say some special prayers called **Birchot HaShachar**- Morning Blessings. Included in these morning blessings are words of thanks to God for helping us see, for giving us strength, for providing us with clothes to wear

When you wake up in the morning, what’s the first thing that you might like to say thank you for?

Bedtime Songs of Gratitude

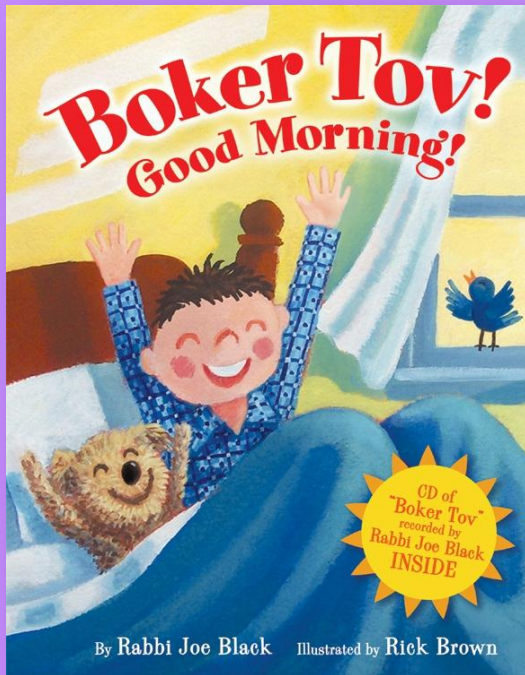


Naamah's Good Night Song
(To the Tune of:
Twinkle, Twinkle
Little Star)

*Lila, Lila, Lila Tov
Lila Tov, It's Time
to Sleep
We say Thank
you,
Thank you for,
Thank you for*

*(Lila Tov= Good
Night)*

Daily Thank You Rituals

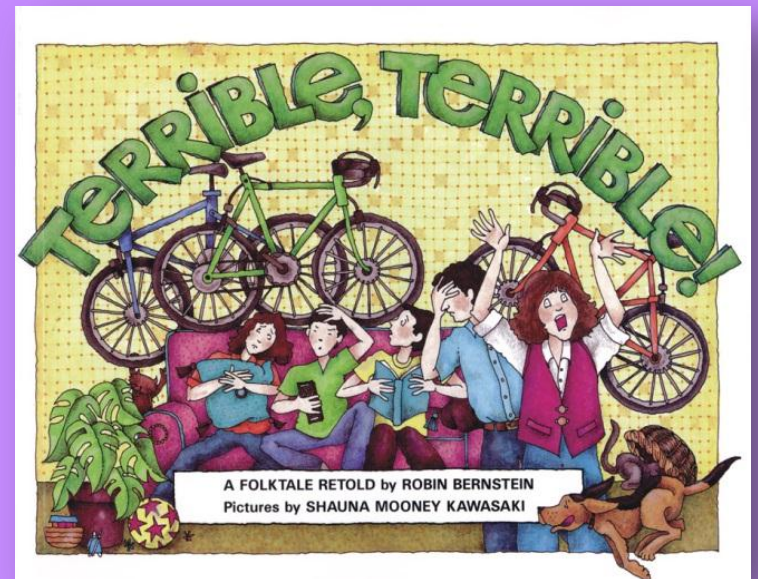
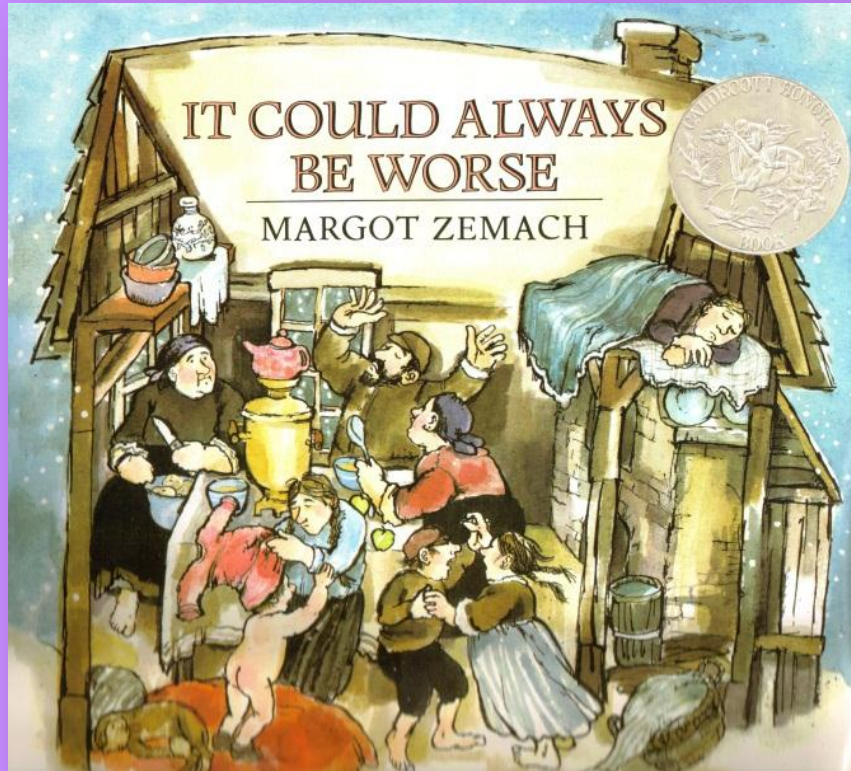


*Boker Tov,
Good morning!
Today I am happy because...*



*Lila Tov
Good Night!
Tonight, I say "Thank You"
for...*

“Gratitude” Programs for Older Children



It Could Always Be Worse



Bothered by the noise of his 6 children and the cramped living conditions of his home, a man consults a Rabbi for help





Terrible, Terrible



When her mother remarries, Abigail must find a way to cope with her new crowded home.



Underlying Theme: Being Happy with what One Has

הכרת הטוב

Hakarat hatov

Acknowledging/Searching for the Good



שמח בחלקו

Sameach B'Chelko

Satisfaction with one's portion

Discussion Questions for Highlighting the Theme of Gratitude

- *At the beginning of the story why was the man/ girl unhappy?*
- *To whom did he/she go to for help and advice?*
- *What advice did the Rabbi give?*
- *What happened when the man followed the Rabbi's advice?*
- *What happened when the man let the rooster, goose and cow out of the house?*
- *What happened when Abigail and her family took the bikes, animals, and extra cousins out of the house?*
- *How did the man/girl feel about his/her house at the end of the story?*



More Discussion Questions

- *At the end of the story, the house is really not any different than it had been at the beginning of the story. In **It Could Always Be Worse** the man's house still contains his mother, his wife, and his six children, and the house is still crowded. Why does the man now like his house?*
- *In **Terrible, Terrible, Abigail**, at the end of the story, is still living in her step father's house with her new step sisters and brothers. There are still seven people who need to share the couches, TV, and bathrooms and there is still lots and lots of "stuff" in the house, but Abigail is happy. What changed for her?*
- *Was there a way for Abigail/the man in our story to have avoided bringing everything into the house? When the man/Abigail first began to dislike his/ her house, what could she/he have done?*



Jewish Sound byte

- *In Judaism we learn that we should always search for the good in a situation. Do you know how to say “good” in Hebrew? The Hebrew word for good is **tov**. One way for us to make sure that we have a very happy life is to be careful to always look for the good. In Hebrew the term **hakarat hatov**- refers to recognizing/acknowledging the good.*



Turn to one of the opening pages of the book which shows an image of the crowded house:

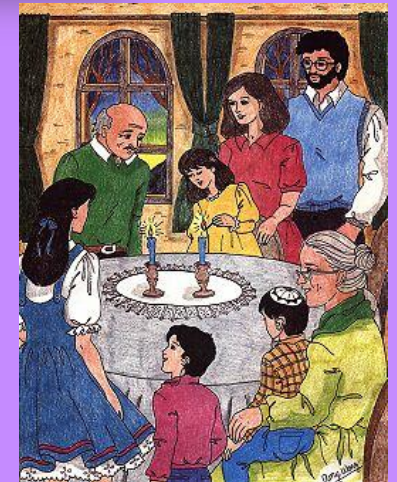
One way for us to look at this house is to say –It’s crowded, it’s noisy, it’s full of stuff. But what if we readjusted our eyes and tried to look for the good in this house. What good might you see in this house, what makes this house special ?

Another Angle

- *In **Pirkei Avot**, a special Jewish book which teaches lessons about how to live a good life we're told that we should always try to be happy with what we have. The Hebrew words for being happy with what one has are: **Sameach B'chelko**. When we look for the good and feel happy about what we have, the Rabbis' tell us that we'll have a wonderful life. We'll feel as rich as millionaires. A Rabbi named Ben Zoma wrote, Who is rich? The one who is happy with what he has*
- *Let's see if we too can feel rich. Let's readjust our eyes and look for the good in our own homes. What is special about your home?*



Activities: It Could Always Be Worse/Terrible, Terrible



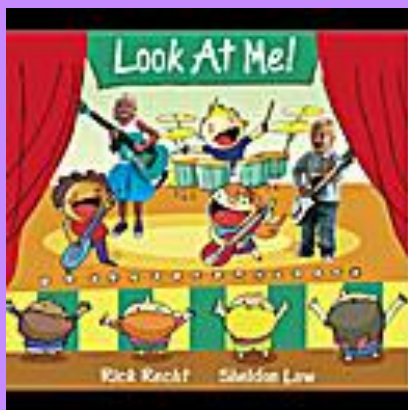
Adaptations for Younger Children

- Telling the Story through the use of puppets
- Simplifying the Craft Projects



Music for All Ages

- Check out CD's and music by Rick Recht, Sheldon Low, Elana Jagoda
- Make up you own songs



If You're Happy in the Boker

(To the tune of "If you're happy and you know it")

If you're happy in the boker, shout
Boker Tov (2x)

If you're happy in the boker and you
really want to show it,

If you're happy in the boker shout,
Boker Tov

(eat your breakfast, brush your
teeth, and comb your hair, etc.)

Resources for Families

- **Activities to Try at Home**

- **Start a Family Gratitude Journal**

- <http://blog.littlepicklepress.com/2011/11/starting-family-gratitude-journal.html>

- **Further Reading on Gratitude and being Happy with what one has**

- **Nurturing Gratitude in Children**

- <http://pjlibrary.org/pj-blog/index.php/archives/1950/nurturing-gratitude/>

- **Who is Rich: The Tool for being Happy right now**

- <http://www.simpletoremember.com/articles/a/pirkei-avos-who-is-rich/>

- **Gratitude-HaKarat Hatov**

- <http://jewishvalueseveryday.blogspot.com/search/label/gratitude>



Program Guides
available at:

http://pj.gijptech.org/?page_id=222